

⑦ I fighfaar and dhikr  
until my mind finally  
relaxed, and I started  
feeling tired, then I  
slept, and woke up  
well

- Alhamdulillah
- Wa Alayhi A Salam
- Alhamdulillah was Salatatu  
wassalaam ala 'Hasanah-  
Lah.